

Year 1 Full-time Programme Sample Timetable

Please note that this is an example of a typical Year 1 teaching pattern. There will generally be a change in the days when teaching sessions occur between Semesters 1 and 2 (and between the different years of study).

Monday	Tuesday	Wednesday	Thursday	Friday
9.30am - 12.30pm Self-directed Study (optional)	Self-directed Osteopathy Practice (optional)	9.00am - 12.00pm Osteopathy 1 Theory (Online via Zoom)	Clinic (optional)	Clinic (optional)
1.30 - 4.30pm A&P NMS Anatomy 1 (Onsite – in-person)	2.30 - 5.30pm Osteopathy 1 Practical (Onsite – in-person)	1.30 - 4.30 A&P NMS Physiology 1 (Online via Zoom)		

Minimum Clinic attendance requirement for Year 1 is 100 hours.