

LSO graduates where are they now

Jenefer Davys



Graduated 2005

Jenny joined the London School of Osteopathy with a background in dance and movement. A longstanding back injury led to her moving into osteopathy as a career later in life.

[Jenny is now running a successful osteopathic practice in Shoreham](#)

What have you done since graduating at the LSO?

Since graduating from the LSO in 2006 Jenny has been working as an osteopath in a variety of roles. Her first position on graduating was as a locum osteopath in a busy practice seeing 14 patients a day! Something that her training at the LSO more than prepared her for.

She then went to work as an osteopath based in a Gym in Brighton alongside a role as an associate osteopath in a practice in the area.

A change of lifestyle beckoned when she took on the position as an associate in a multi-disciplinary clinic which had both a city centre and rural practice. Here her osteopathic skills were put to the test when she found herself treating a couple of burly Canadian bagpipe players who were visiting Glasgow for the International Bagpipe competition on Glasgow Green - who knew that they would have problems with their little fingers?!!! Or being responsible for treating a singer who couldn't open her jaw but was about to perform on stage that evening. Hours later after treatment she was indeed singing on stage!

A move back South beckoned and she found herself working alongside a fellow LSO alumnus Andrew Bellamy. The opportunity then arose for her to take over the lease of this practice. Today Jenny is the principal of Shoreham Osteopathy Centre – which alongside osteopathy treatment also offers the services of an acupuncturist, massage therapists and counsellors/psychologists

What was the most enjoyable part of studying at the LSO?

Without doubt it was the group of people studying. We came from all sorts of backgrounds, wide age range and really supported each other, through it all.

How has studying at the LSO benefited your career?

There was a real focus at the LSO on considering the biopsychosocial aspects of pain and this has always affected my treatment approach. More and more the research is showing how important this is. I feel this really benefits outcomes for our clients and is the reason they trust and come back to us.